

WHAT TO EXPECT FROM A COVID-19 VACCINATION

Many people may have typical side effects from receiving an injection or vaccination, but these will usually only last 24-48 hours after injection:

- Pain, redness or swelling at the injection site.
- Headache
- Fever
- Chills
- Muscle pain
- Fatigue
- **PAIN AND FEVER MANAGEMENT AND ICE PACKS AT INJECTION SITE**
- **IF WORSENS OR DOES NOT IMPROVE IN 24-48 HOURS CALL**

A few may have:

- Nausea, vomiting, diarrhea
- Swollen lymph nodes (Lymphadenopathy)
- Syncope
- **HYDRATION AND REST**
- **IF WORSENS OR DOES NOT IMPROVE IN 24-48 HOURS CALL**

Rarely, the vaccine may cause a severe allergic reaction: Anaphylaxis

- Difficulty breathing
- Swelling of the face and throat
- Fast heartbeat
- Bad rash all over
- Dizziness
- **SEEK IMMEDIATE HOSPITAL CARE**

Myocarditis (Inflammation of the heart muscle) and Pericarditis (Inflammation of the outer lining of the heart)

- Small reports in young adults, self-limited. Less severe course than Covid-19 related Myocarditis or Pericarditis.
 - In trials of 5 – 11 year olds, no reports of Myocarditis or Pericarditis
- Chest pain
- Shortness of breath
- Feeling of abnormal heartbeat or pounding heart
- **SEEK IMMEDIATE HOSPITAL CARE**

May report vaccine side effects to FDA/CDC Vaccine Adverse Event Reporting System (VAERS)

- 1-800-822-7967
- <https://vaers.hhs.gov/reportevent.html>

Or subscribe to VSAFE on your smartphone at vsafe.cdc.gov

- Smartphone-based tool to receive personal health check-ins and to notify the CDC about vaccine side effects.